

REPORT ON SUMMER CAMP ACTIVITIES

I HATE EVERY MINUTE OF TRAINING. BUT I SAID, DON'T QUIT. SUFFER NOW AND LIVE THE REST OF YOUR LIFE AS A CHAMPION.

– MOHAMMAD ALI

Sports department designed the activities for the mental agility and enhancement of knowledge. These activities stimulated the life experiences and skills of students.

Activities like: -

PRIMARY SECTION (Class I-V)

✚ Sports scramble:



Primary class students were engaged in this activity for boosting up their concentration. This was a spot play activity planned which was enjoyed zestfully by all the students.

Role play of your favorite sports person:



Students did role play of various sports person and dressed like one. The essentiality in this activity is that the chosen player should be one whose sports equipment is available at their home. Students enthusiastically participated in this activity. They pour out their creativity once they dressed and presented the same way.

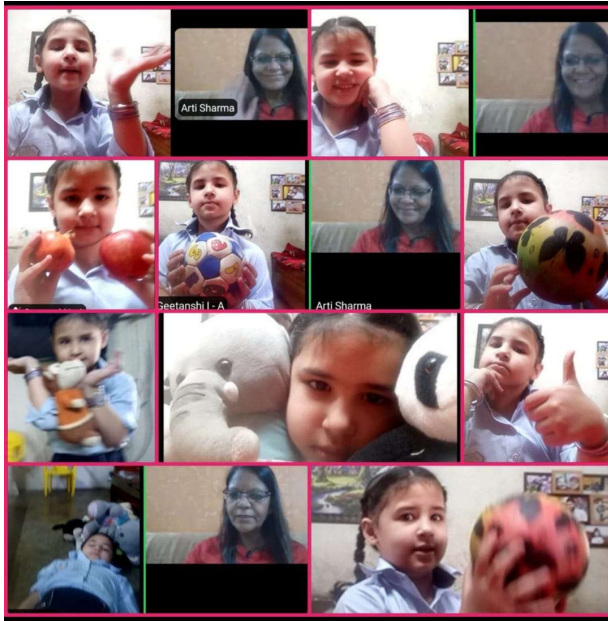
The activity planned is enjoyed enthusiastically by all the students.

Eat healthy live healthy:



The students were told to eat healthy and nutritious food and not to eat junk food. Students were asked to bring their favorite fruit in the class itself and were urged to eat fruits daily.

Fun activities with soft toys:



Students actively participated in soft toys activity.

They use their toys for doing different exercises and learn several techniques to have fun. The little ones enjoyed a lot in this activity.

MIDDLE SECTION (Class VI-VIII)

Ping pong making:



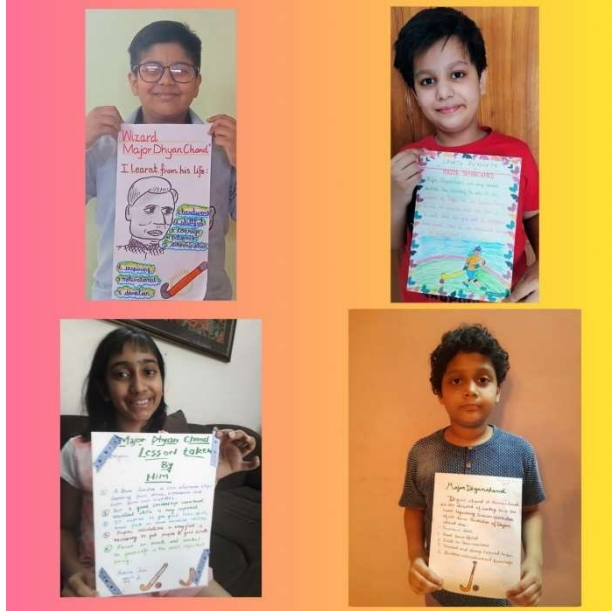
” Art is as Natural as Sunshine and as vital as Nourishment.”

The main motive to integrate art in the session was to reach out to the students who might not otherwise be engaged in classwork.

Children made their own TABLE

TENNIS RACKET. They used broom sticks, colored paper, cardboard to make their racket at their own.

✚ Life lessons from sports person:



Students were asked to make some posters and write-ups about their idol and inspirational sports player whom which they admire a lot. They were also advised to be like one so that they can achieve great things in life.

✚ Making hockey stick from waste material:



Students were made to watch an inspiring video on the life struggles of Major Dhyanchand and they were asked to pen down their thoughts from the video shown. Students enthusiastically participated in this activity. They pour out their creativity on the sheets and written what they learnt from this legend hockey player.

They also made hockey sticks using waste materials at home. The activity planned is enjoyed by all the students.

Regards

SPORTS DEPARTMENT